



Frio County Food Council

Who We Are & What We do

Frio County Need:

According to Frio County Census Records, Feeding America's "Map The Meal Gap" and County School Reports, Frio County has over 24% of its population in poverty creating a high food insecurity rate for local communities. That is more than 4,500 individuals (of which 2700 are children and youth) in Frio County who may not have adequate access to nutritious food on a regular basis.

Food Insecurity:

The U.S. Department of Agriculture (USDA) defines food insecurity as "a household-level economic and social condition of limited or uncertain access to adequate food." This means that families, children, the elderly do not know where their next meal is coming from or if they will have a meal at all.

Our History:

The Frio County Food Council, established in late 2014, came together to examine food insecurity in Frio County and to work collaboratively among many different social service agencies to address it. Our group includes people from local nonprofits, schools, agricultural agencies, churches, local government agencies, and interested individuals who meet regularly in Pearsall, Texas.

Mission:

The purpose of the Frio County Food Council is to support food security in Frio County by creating a sustainable county-wide food system that will be available to those in need through education, communication and collaboration among local social service agencies. (Established 02-23-16)

Goal:

To Increase and promote collaboration between those who grow, supply, transport and provide food resources, those who assist individuals and families suffering from food insecurity and hunger and those who are in need of assistance by creating good community wide system for food distribution that uses multiple sources and resources.

Objectives:

- (1) Enhancing food security and nutrition needs awareness through enhanced community education and communication.
- (2) Increasing the participation within local food systems and nutrition assistance programs by those most vulnerable to hunger and food insecurity.
- (3) Increasing the use of and participation within community gardening, home gardening, farmers markets, gleaning and promoting the health benefits of same.
- (4) Improving productivity and sustainability of agriculture in our rural community and surrounding areas.
- (5) Improving food production and storage education and water safety education

Contact Information:

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